

The Cape Cod Family Resource Center offers family support services, family partners, clinical assessments, referrals, and school support services that aim to nurture, support, and educate children, parents, and other caregivers. All services offered to families at <u>no</u> cost, regardless of insurance or income!

Hours of Operation

Monday- 9a.m.-5p.m.
Tuesday- 10a.m.-7p.m.
Wednesday- 10a.m.-7p.m.
Thursday- 10a.m.-7p.m.
Friday- 9a.m.-5p.m.
(First and Third Saturdays of the month)
Saturday- 8a.m.-12p.m.

Cape Cod Family Resource Center

29 Bassett Lane Hyannis, MA 02601

Cape Cod Family Resource Center

A Program of FAMILY CONTINUITY

A MASSACHUSETTS FAMILY RESOURCE CENTER

Serving all families in every community on Cape Cod, regardless of income.

- Parent Education & Support
- Information & Referrals
- Child and Youth Assessments
- Help Navigating Resources



Supporting family success in every community.



Family Support and Partnership

Do you need that hand up? Are you looking for assistance? The Cape Cod Family Resource Center is here to help you navigate the often confusing landscapes of programs and access assistance that is available in your very own community.

Our <u>Family Support Workers</u> are here to help you access needed assistance and provide information and referrals to programs and services that may assist you and your family in completing your goals. Contact Rebecca Harrison or Matthew Hilton: rharrison@familycontinuity.org

Our <u>Family Partner</u> will work with you and your family, along with our clinician, to develop a family support plan that best meets your needs and support you to achieve your goals. Contact Cynthia Klopfer: cklopfer@familycontinuity.org.

Clinical

Our staff includes a Master's level <u>Clinician</u> to assist families in identifying their individual needs and developing a family support plan to help families complete their goals.

School Liaison

Navigating your way through the education and special education systems and understanding the process can be daunting and confusing for most people. We have a **School Liaison** on staff who is here to assist in that need. Whether it is finding the right school, understanding an Individual Education Plan or a 504 plan, or learning how to advocate for your family's needs, we will support you with resources and education. An important focus for the School Liaison will also be for families with children involved with the Children Requiring Assistance Program (CRA, formerly the CHINS).

Contact Terriann Polumbo: tpolumbo@familycontinuity.org



Parent Education

At the Cape Cod Family Resource Center, we offer a variety of parenting support groups as well as evidence-based parenting classes, such as Parenting Journey, Nurturing Parenting Etc. These classes can help parents learn how to better understand their children's needs and make the difficult job of parenting a little easier for everyone. Additionally, we provide opportunities for parents to develop supportive networks amongst themselves and within their own communities. All of these groups and classes are always free.



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Main number: 508-862-0600 www.CapeCodFamilyResourceCenter.org

